

# 21 Km del Lago di Varese

Data  
Gara

29/09/2019  
21 Km Competitiva

## Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	1	SOFFIENTINI ANDREA	M	SM		AZZURRA GARBAGNATE M.SE	ITA	1:10:40	1:10:40		3:21
2	3	MAAMARI EL MEHDI	M	SM		G.S. FULGOR PRATO SESIA	ITA	1:11:10	1:11:10	+30	3:23
3	121	MANDELLI LORIS	M	SM		POL. CARUGATE	ITA	1:11:15	1:11:15	+35	3:23
4	220	BONINO STEFANO	M	SM		VALSUSA RUNNING TEAM	ITA	1:16:37	1:16:35	+5:57	3:38
5	28	PONTI LUCA	M	SM40		AMATORI ATL. CASORATE S.	ITA	1:17:46	1:17:46	+7:06	3:42
6	134	VIGANO' ROBERTO	M			RUN CARD	ITA	1:20:04	1:20:01	+9:24	3:48
7	61	PICCINELLI FRANCESCO	M	SM40		ATL. VERBANO	ITA	1:20:23	1:20:23	+9:43	3:49
8	178	ROSSI ALBERTO	M			RUN CARD	ITA	1:20:51	1:20:50	+10:11	3:50
9	77	TIOZZO MARCO	M	SM45		AZZURRA GARBAGNATE M.SE	ITA	1:21:30	1:21:30	+10:51	3:52
10	74	REBECCHI ANDREA	M	SM35		AZZURRA GARBAGNATE M.SE	ITA	1:21:55	1:21:53	+11:15	3:53
11	86	GIUDICI GLORIA RITA ANTONIA	F	SF		FREE-ZONE	ITA	1:22:52	1:22:52	+12:12	3:56
12	192	BONSIGNORE STEFANO	M	SM45	1	RUNNERS LEGNANO	ITA	1:23:19	1:23:16	+12:39	3:57
13	115	FESTA ANDREA	M	SM45	2	NAVIGLIO RUNNING TEAM ASD	ITA	1:24:00	1:23:58	+13:20	3:59
14	20	DI MARCO DANILO	M	SM	1	ALZAIA NAVIGLIO RUNNERS	ITA	1:24:37	1:24:36	+13:57	4:01
15	173	VIGAN? BIAGIO	M			RUN CARD	ITA	1:24:45	1:24:44	+14:05	4:02
16	17	FRANZETTI MARCO	M	SM35	1	ADMO PEPERONCINO	ITA	1:25:36	1:25:35	+14:57	4:04
17	72	CONOSCENTI VINCENZO	M	SM35	2	RUNCARD	ITA	1:26:07	1:26:05	+15:27	4:05
18	12	MONDINI ANDREA	M	SM35	3	5 CASCINE CISLAGO	ITA	1:26:33	1:26:28	+15:53	4:07
19	62	CORSINI PAOLO EMILIO	M	SM45	3	ATL. VERBANO	ITA	1:26:41	1:26:41	+16:02	4:07
20	97	MARZIO ANDREA	M	SM50	1	G.A.M. WHIRLPOOL	ITA	1:26:54	1:26:52	+16:14	4:08
21	60	IADEROSA FRANCESCO	M	SM60	1	ATL. SAN MARCO U.S. ACLI	ITA	1:27:09	1:27:09	+16:29	4:08
22	2	EL KANNOUSSI MINA	F	SF		ATLETICA SALUZZO	ITA	1:27:18	1:27:18	+16:38	4:09
23	58	FILIPPINI FILIPPO	M			ATL. O.S.A. SARONNO LIB.	ITA	1:27:34	1:27:33	+16:54	4:10
24	29	FERRAZZO SANDRO	M	SM40	1	AMATORI ATL. CASORATE S.	ITA	1:28:11	1:28:09	+17:31	4:11
25	27	SIMIONI STEFANO	M	SM40	2	AMATORI ATL. CASORATE S.	ITA	1:28:11	1:28:11	+17:31	4:11
26	160	BEN AL? ZINATI KEVIN	M			RUN CARD	ITA	1:28:31	1:28:28	+17:52	4:12
27	90	SCARANO FABIO	M	SM35	4	G.A.M. WHIRLPOOL	ITA	1:28:49	1:28:41	+18:10	4:13
28	51	RESTANI MATTEO	M	SM	2	ATL. LOMAZZO	ITA	1:29:08	1:29:06	+18:28	4:14
29	116	FIUME ANTONIO	M	SM55	1	NRDC-ITA RUNNING CLUB	ITA	1:29:13	1:29:13	+18:33	4:14
30	108	ANGELICA VINCENZO	M	SM45	4	G.S. MARATONETI CASSANO	ITA	1:29:26	1:29:22	+18:46	4:15
31	218	GAROFALO MAURIZIO	M	SM50	2	TEAM OTC SSD ARL	ITA	1:29:40	1:29:36	+19:00	4:15
32	66	MARTINA FRANCESCO	M	SM45	5	ATL. VERBANO	ITA	1:30:17	1:30:14	+19:37	4:17
33	100	CUTECCHIA FRANCESCO	M	SM55	2	G.A.M. WHIRLPOOL	ITA	1:30:28	1:30:26	+19:48	4:18
34	241	BENATTI BARBARA GLORIA	F	SF40		CUS INSUBRIA	ITA	1:30:53	1:30:51	+20:14	4:19
35	98	SIMONETTA SERGIO	M	SM50	3	G.A.M. WHIRLPOOL	ITA	1:31:53	1:31:52	+21:14	4:22
36	95	DAL BELLO STEFANO	M	SM40	3	G.A.M. WHIRLPOOL	ITA	1:31:55	1:31:52	+21:15	4:22
37	193	COLONNA ROMANO PAOLA	F	SF40		RUNNERS LEGNANO	ITA	1:32:03	1:32:00	+21:23	4:22
38	67	DI GREGORIO ELISABETTA	F	SF45		ATL. VERBANO	ITA	1:32:18	1:32:18	+21:38	4:23
39	85	DI GREGORIO LORENZA	F	SF50		CORRO ERGO SUM RUNNERS	ITA	1:32:27	1:32:25	+21:48	4:24
40	138	PONTIGGIA FEDERICO	M			RUN CARD	ITA	1:32:44	1:32:43	+22:05	4:24
41	24	SANGERMANI ANDREA	M	SM40	4	AMATORI ATL. CASORATE S.	ITA	1:32:53	1:32:50	+22:14	4:25
42	141	MAGLIOCCA DAVIDE	M			RUN CARD	ITA	1:32:56	1:32:55	+22:16	4:25
43	55	PARISE IVAN	M	SM40	5	ATL. MALNATE	ITA	1:33:28	1:33:26	+22:48	4:26
44	159	GRIBAUDO SOFIA	F			RUN CARD	ITA	1:33:29	1:33:20	+22:49	4:26
45	82	CHIGGIATO FABRIZIO	M	SM50	4	CARDATLETICA	ITA	1:33:38	1:33:35	+22:59	4:27
46	202	ULIVI ALBERTO	M	SM50	5	RUNNERS VALBOSSA-AZZATE	ITA	1:34:00	1:33:57	+23:21	4:28
47	230	GIOVANNACCI DANILO	M	SM60	2	SETTE LAGHI RUNNERS	ITA	1:34:44	1:34:42	+24:04	4:30
48	163	LEVATINO GIUSEPPE	M			RUN CARD	ITA	1:34:59	1:34:56	+24:19	4:31
49	145	MONGERA GIANNI	M			RUN CARD	ITA	1:35:11	1:35:06	+24:31	4:31
50	33	DI MURO EMANUELE	M	SM35	5	ATHLON RUNNERS	ITA	1:35:21	1:35:16	+24:41	4:32
51	233	AVIDANO GIANNMARIO	M	SM	3	RUNNER VARESE	ITA	1:35:37	1:35:30	+24:57	4:32
52	162	TEMPERA MASSIMO	M			RUN CARD	ITA	1:35:43	1:35:37	+25:03	4:33
53	206	BERTONCELLO LIDIO	M	SM50	6	SETTE LAGHI RUNNERS	ITA	1:35:52	1:35:46	+25:12	4:33
54	122	AMBROSINI FABRIZIO	M	SM55	3	POLISPORTIVA CRAL BPB A.S.	ITA	1:35:59	1:35:58	+25:19	4:34
55	64	LEONI ALFONSO	M	SM70 OLT	1	ATL. VERBANO	ITA	1:36:14	1:36:10	+25:35	4:34
56	78	ROSSI CARLO	M	SM55	4	BIELLA RUNNING	ITA	1:36:37	1:36:33	+25:57	4:35
57	184	PILEGGIO IVANOVIC	M	SM35	6	RUNNER VARESE	ITA	1:36:58	1:36:50	+26:18	4:36
58	188	ZARO PATRIZIO	M	SM65	1	RUNNER VARESE	ITA	1:37:04	1:37:00	+26:24	4:37

# Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
59	179	GROTTI PARIDE	M			RUN CARD	ITA	1:37:09	1:37:03	+26:29	4:37
60	53	TAFFI STEFANO	M	SM50	7	ATL. MALNATE	ITA	1:37:12	1:37:10	+26:32	4:37
61	125	FRANCHI STEFANO	M			RUN CARD	ITA	1:37:13	1:37:04	+26:33	4:37
62	130	BERTRANDO MARCO	M			RUN CARD	ITA	1:37:46	1:37:43	+27:07	4:39
63	195	CORA' DARIO	M	SM40	6	RUNNERS VALBOSSA-AZZATE	ITA	1:38:15	1:38:15	+27:35	4:40
64	129	BRUGNERA MARIO	M			RUN CARD	ITA	1:38:16	1:38:12	+27:37	4:40
65	65	VASCETTO ALBERTO	M	SM55	5	ATL. VERBANO	ITA	1:38:26	1:38:15	+27:46	4:40
66	229	COFFANO FABIO	M	SM45	6	G.S. CASTELLANIA - GOZZANO	ITA	1:38:34	1:38:31	+27:55	4:41
67	31	LABADINI CLAUDIO	M	SM45	7	AMATORI ATL. CASORATE S.	ITA	1:38:44	1:38:40	+28:04	4:41
68	165	SAINI MATTEO	M			RUN CARD	ITA	1:38:50	1:38:46	+28:10	4:42
69	182	MERLIN LUCA	M	SM45	8	RUNNER VARESE	ITA	1:39:05	1:39:02	+28:25	4:42
70	172	BARABESI FABRIZIO	M			RUN CARD	ITA	1:39:09	1:39:07	+28:29	4:43
71	34	MOSCA OSCAR	M	SM40	7	ATHLON RUNNERS	ITA	1:39:09	1:39:06	+28:30	4:43
72	221	GASPARINI PAOLO	M	SM50	8	VARESE TRIATHLON S.B.R.	ITA	1:39:26	1:39:21	+28:47	4:43
73	57	ROTELLA CHRISTIAN	M	SM35	7	ATL. O.S.A. SARONNO LIB.	ITA	1:39:34	1:39:34	+28:54	4:44
74	120	CARUSO STEFANO	M	SM	4	PODISTICA MEZZANESE	ITA	1:39:42	1:39:39	+29:02	4:44
75	251	DANI MARTA	F	SF		RUNNERS VALBOSSA-AZZATE	ITA	1:39:42	1:39:40	+29:02	4:44
76	143	FIORINI PAMELA	F			RUN CARD	ITA	1:40:03	1:39:58	+29:23	4:45
77	226	CRABERO BARBARA	F	SF45		WOMAN TRIATHLON ITALIA A.	ITA	1:40:06	1:40:04	+29:27	4:45
78	196	DI RAIMO ADRIANO	M	SM50	9	RUNNERS VALBOSSA-AZZATE	ITA	1:40:23	1:40:15	+29:43	4:46
79	153	MODESTI STEFANO	M			RUN CARD	ITA	1:40:55	1:40:49	+30:15	4:48
80	240	BERNASCONI FABIO	M	SM40	8	VARESE TRIATHLON S.B.R.	ITA	1:41:11	1:41:06	+30:32	4:48
81	52	SARZO CRISTIAN	M	SM45	9	ATL. MALNATE	ITA	1:41:26	1:41:21	+30:47	4:49
82	239	GUADAGNUOLO LUIGI	M	SM35	8	VARESE TRIATHLON S.B.R.	ITA	1:41:29	1:41:24	+30:49	4:49
83	105	DELLAMORA ANDREA	M	SM40	9	G.S. MARATONETI CASSANO	ITA	1:41:33	1:41:28	+30:53	4:49
84	113	VANONI GIORGIO	M	SM50	10	INSUBRIA SKY TEAM ASD	ITA	1:41:35	1:41:33	+30:55	4:50
85	235	CANTONI ROBERTO	M	SM55	6	RUNNER VARESE	ITA	1:41:35	1:41:28	+30:56	4:49
86	217	BEVERINA MICHELE	M	SM	5	TEAM OTC SSD ARL	ITA	1:41:37	1:41:29	+30:57	4:49
87	114	VANETTI ALBERTO	M	SM50	11	MONTAGNETTA S SKYRUNNER	ITA	1:41:45	1:41:33	+31:05	4:50
88	131	MARCHINI RUDI	M			RUN CARD	ITA	1:41:56	1:41:51	+31:17	4:50
89	132	BATTAGLIA CARLO	M			RUN CARD	ITA	1:41:59	1:41:55	+31:19	4:51
90	79	GRASSINI GIOVANNI	M	SM70 OLT	2	CAMPUS VARESE RUNNERS	ITA	1:42:01	1:41:55	+31:21	4:51
91	208	FUSATO PAOLO	M	SM55	7	SETTE LAGHI RUNNERS	ITA	1:42:04	1:42:02	+31:25	4:51
92	187	MORANZONI ANDREA	M	SM40	10	RUNNER VARESE	ITA	1:42:08	1:42:00	+31:28	4:51
93	191	DI BARI ROBERTO	M	SM40	11	RUNNERS LEGNANO	ITA	1:42:13	1:42:09	+31:33	4:51
94	164	PARIANI MATTEO	M			RUN CARD	ITA	1:42:29	1:42:27	+31:50	4:52
95	54	BISULCA DAVIDE	M	SM35	9	ATL. MALNATE	ITA	1:42:51	1:42:47	+32:11	4:53
96	204	VILLA ENNIO	M	SM70 OLT	3	SETTE LAGHI RUNNERS	ITA	1:42:53	1:42:47	+32:13	4:53
97	199	VITALI ANDREA	M	SM55	8	RUNNERS VALBOSSA-AZZATE	ITA	1:43:08	1:43:02	+32:28	4:54
98	30	STROZZI LOREDANA	F	SF50	1	AMATORI ATL. CASORATE S.	ITA	1:43:14	1:43:11	+32:34	4:54
99	76	VILLA MARIA ROSA	F	SF50	2	AZZURRA GARBAGNATE M.SE	ITA	1:43:15	1:43:06	+32:35	4:54
100	147	RAMINA MATTEO	M			RUN CARD	ITA	1:43:27	1:43:19	+32:47	4:55
101	211	DEL VITTO ANDREA	M	SM40	12	SETTE LAGHI RUNNERS	ITA	1:43:27	1:43:08	+32:47	4:54
102	189	DECINA SIMONA	F	SF50	3	RUNNER VARESE	ITA	1:43:27	1:43:20	+32:47	4:55
103	225	COLISTRA MARIO	M	SM55	9	VIOLETTA CLUB	ITA	1:43:42	1:43:39	+33:03	4:56
104	142	FURLATO DARIO	M			RUN CARD	ITA	1:44:01	1:43:55	+33:21	4:56
105	23	POLETTO ENZO	M	SM45	10	AMATORI ATL. CASORATE S.	ITA	1:44:09	1:44:08	+33:30	4:57
106	49	FELISATTI DAVIDE	M	SM45	11	ATL. GAVIRATE	ITA	1:44:12	1:44:10	+33:32	4:57
107	238	CERIANI ALBERTO	M	SM	6	G.S. ROVELLO PORRO	ITA	1:44:16	1:44:05	+33:36	4:57
108	128	PIAZZI SIMONE	M			RUN CARD	ITA	1:44:16	1:44:02	+33:36	4:57
109	118	MORONI LORENZO	M	SM65	2	PODISTICA MEZZANESE	ITA	1:44:19	1:44:17	+33:39	4:57
110	166	ZIBETTI ROBERTO	M			RUN CARD	ITA	1:44:26	1:44:23	+33:46	4:58
111	127	FOGAGNOLO GIULIO	M			RUN CARD	ITA	1:44:35	1:44:26	+33:55	4:58
112	92	VOLPICELLA TOMMASO	M	SM45	12	G.A.M. WHIRLPOOL	ITA	1:44:56	1:44:48	+34:16	4:59
113	198	ZONCA GIANNI	M	SM60	3	RUNNERS VALBOSSA-AZZATE	ITA	1:45:00	1:44:57	+34:20	4:59
114	21	MAGNONI STEFANIA	F	SF	1	AMATORI ATL. CASORATE S.	ITA	1:45:13	1:45:09	+34:33	5:00
115	154	ROSSI GIUSEPPE	M			RUN CARD	ITA	1:45:23	1:45:18	+34:43	5:00
116	46	ORRU GIOVANNI	M	SM45	13	ATL. GAVIRATE	ITA	1:45:29	1:45:27	+34:50	5:01
117	181	GIUNTA ROSANNA	F	SF40	1	RUNNER VARESE	ITA	1:45:55	1:45:49	+35:16	5:02
118	69	CECCATO CARLO	M	SM35	10	ATL. VERBANO	ITA	1:46:01	1:45:50	+35:21	5:02
119	149	VALENTI LORIS	M			RUN CARD	ITA	1:46:06	1:45:50	+35:26	5:02
120	25	RAMINA SIMONE	M	SM40	13	AMATORI ATL. CASORATE S.	ITA	1:46:45	1:46:38	+36:06	5:04
121	102	CARAVATI ROBERTO	M	SM45	14	G.A.M. WHIRLPOOL	ITA	1:46:55	1:46:36	+36:16	5:04
122	203	FRANCESCHET LUCA	M	SM50	12	RUNNERS VALBOSSA-AZZATE	ITA	1:47:06	1:47:00	+36:27	5:05

# Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
123	18	CISLAGHI SARA	F	SF45	1	ALMOSTHERE ASD	ITA	1:47:07	1:47:01	+36:27	5:05
124	190	TURRIZIANI PAOLA	F	SF40	2	RUNNER VARESE	ITA	1:47:07	1:47:05	+36:27	5:05
125	75	PREATONI ANDREA ENRICO	M	SM50	13	AZZURRA GARBAGNATE M.SE	ITA	1:47:18	1:47:09	+36:38	5:06
126	161	RODOLFO MASERA GIOVANNI LUCA	M			RUN CARD	ITA	1:47:37	1:47:28	+36:57	5:07
127	174	KOLYASA OKSANA	F			RUN CARD	UKR	1:47:45	1:47:40	+37:05	5:07
128	151	ALBERTI GIORGIO	M			RUN CARD	ITA	1:47:54	1:47:48	+37:14	5:07
129	227	ARMENI GIACOMO	M				ITA	1:47:57	1:47:50	+37:17	5:08
130	222	VITOLO GIOVANNI	M	SM40	14	VARESE TRIATHLON S.B.R.	ITA	1:48:07	1:48:01	+37:27	5:08
131	158	ROGORA TOMMASO	M			RUN CARD	ITA	1:48:10	1:47:55	+37:30	5:08
132	234	VANINI DAVIDE	M	SM45	15	TEAM OTC SSD ARL	ITA	1:48:12	1:48:02	+37:32	5:08
133	136	BOSSETTI PAOLO	M			RUN CARD	ITA	1:48:32	1:48:20	+37:52	5:09
134	156	DE CARLI CRISTIANO	M			RUN CARD	ITA	1:48:46	1:48:39	+38:06	5:10
135	228	ZULIAN AGOSTINO	M			RUN CARD	ITA	1:48:57	1:48:51	+38:18	5:10
136	101	MARCHISI LUCA	M	SM35	11	G.A.M. WHIRLPOOL	ITA	1:48:59	1:48:51	+38:19	5:11
137	19	CERRETANI GUIDO	M	SM50	14	ALMOSTHERE ASD	ITA	1:49:07	1:49:00	+38:27	5:11
138	14	SCARTABELLI SIMONE	M	SM50	15	A.S.C.D. SILVANO FEDI	ITA	1:49:08	1:48:58	+38:28	5:11
139	155	BERTONI FABIO	M			RUN CARD	ITA	1:49:11	1:49:04	+38:31	5:11
140	45	LORENZATO PAOLO	M	SM55	10	ATL. GALLARATESE	ITA	1:49:15	1:49:04	+38:36	5:11
141	231	PILUDU DANIELE	M	SM35	12	NUOVA ATLETICA SAMVERGA	ITA	1:49:17	1:49:05	+38:37	5:11
142	71	CANGIAMILA SABINA	F	SF45	2	AZZURRA GARBAGNATE M.SE	ITA	1:49:17	1:49:08	+38:37	5:11
143	103	MAGANZANI ANDREA	M	SM40	15	G.A.M. WHIRLPOOL	ITA	1:49:26	1:49:09	+38:46	5:11
144	73	BORSANI VALENTINA	F	SF45	3	AZZURRA GARBAGNATE M.SE	ITA	1:49:37	1:49:29	+38:57	5:12
145	150	GERVER MIRIAM ELISABETH	F			RUN CARD	GBR	1:49:50	1:49:43	+39:10	5:13
146	214	BOSSIO ROBERTO	M	SM50	16	TEAM 3 ESSE	ITA	1:49:54	1:49:44	+39:14	5:13
147	194	VERTEMATI MARCO ANDREA	M	SM50	17	RUNNERS LEGNANO	ITA	1:49:57	1:49:48	+39:17	5:13
148	223	PULLANO ANDREA SALVATORE	M	SM45	16	VARESE TRIATHLON S.B.R.	ITA	1:49:59	1:49:54	+39:20	5:13
149	212	DE ZORDI GIOVANNI	M	SM45	17	SPARTAN ARENA ASD	ITA	1:50:20	1:50:11	+39:40	5:14
150	99	BELLOMO RODOLFO	M	SM60	4	G.A.M. WHIRLPOOL	ITA	1:50:37	1:50:32	+39:58	5:15
151	152	RUTIGLIANO ILARIA	F			RUN CARD	ITA	1:50:43	1:50:40	+40:04	5:16
152	185	BERNASCONI STEFANO	M	SM45	18	RUNNER VARESE	ITA	1:50:53	1:50:44	+40:13	5:16
153	197	DE LUCA ANGELO	M	SM50	18	RUNNERS VALBOSSA-AZZATE	ITA	1:51:09	1:51:07	+40:30	5:17
154	93	BINDA MIRKO	M	SM40	16	G.A.M. WHIRLPOOL	ITA	1:51:11	1:51:00	+40:31	5:17
155	83	SIMONELLI DANIELE	M	SM	7	CARDATLETICA	ITA	1:51:22	1:51:19	+40:42	5:18
156	91	GIACOMETTI SCHIERONI ALESSANDRA	F	SF50	4	G.A.M. WHIRLPOOL	ITA	1:51:34	1:51:26	+40:54	5:18
157	13	TREVISAN FABIO	M	SM40	17	9,92 RUNNING ASD	ITA	1:51:42	1:51:33	+41:02	5:18
158	135	BRUNELLA ANDREA	M			RUN CARD	ITA	1:51:44	1:51:36	+41:04	5:18
159	207	COMOLLI ROBERTO	M	SM40	18	SETTE LAGHI RUNNERS	ITA	1:51:53	1:51:47	+41:13	5:19
160	88	CASTELNOVO ARIANNA ROBERTA	F	SF45	4	FRIESIAN TEAM	ITA	1:52:00	1:51:55	+41:20	5:19
161	87	PRIMERANO ALESSANDRO	M	SM50	19	FRIESIAN TEAM	ITA	1:52:00	1:51:56	+41:21	5:19
162	32	SANTORO PAOLO	M	SM	8	ASD TAPASCIONE RUNNING	ITA	1:52:12	1:51:57	+41:33	5:19
163	35	BASSOLI STEFANO	M	SM40	19	ATL. ARCISATE	ITA	1:52:33	1:52:28	+41:54	5:21
164	106	ADAMO NICOLA	M	SM60	5	G.S. MARATONETI CASSANO	ITA	1:52:43	1:52:42	+42:03	5:21
165	201	DE SANTIS MONICA	F	SF45	5	RUNNERS VALBOSSA-AZZATE	ITA	1:52:44	1:52:41	+42:04	5:21
166	139	ROSSI STEFANO	M			RUN CARD	ITA	1:52:49	1:52:40	+42:10	5:21
167	243	NOVA LUCA	M	SM50	20	ATHLON RUNNERS	ITA	1:52:50	1:52:46	+42:11	5:22
168	15	BERTI SIMONE	M	SM50	21	A.S.C.D. SILVANO FEDI	ITA	1:52:56	1:52:46	+42:16	5:22
169	236	ZANOLO IVO LUCA	M	SM55	11	RUN CARD	ITA	1:53:03	1:52:53	+42:23	5:22
170	171	GHEZZI GIULIA	F			RUN CARD	ITA	1:53:06	1:53:02	+42:26	5:22
171	148	VALFRE' FEDERICO	M			RUN CARD	ITA	1:53:25	1:53:10	+42:46	5:23
172	112	ROSATI LUIGINA	F	SF50	5	GRUPPO PODISTICO AVIS VAL	ITA	1:54:20	1:54:13	+43:40	5:26
173	80	CARNEMOLLA GIOVANNI	M	SM65	3	CAMPUS VARESE RUNNERS	ITA	1:54:20	1:54:16	+43:40	5:26
174	224	MONTEROSSO CARLO	M	SM45	19	VIOLETTACLUB	ITA	1:54:33	1:54:30	+43:53	5:27
175	119	ALFONSI ANDREA	M	SM45	20	PODISTICA MEZZANESE	ITA	1:54:42	1:54:35	+44:02	5:27
176	68	ROMANO DAVIDE	M	SM45	21	ATL. VERBANO	ITA	1:55:14	1:55:03	+44:34	5:28
177	36	INVERNIZZI SARA	F	SF40	3	ATL. ARCISATE	ITA	1:55:19	1:55:13	+44:39	5:29
178	56	DE PRA' FABRIZIO	M	SM	9	ATL. O.S.A. SARONNO LIB.	ITA	1:55:39	1:55:34	+44:59	5:30
179	126	LEDINGHAM NICOLA	F			RUN CARD	GBR	1:55:41	1:55:31	+45:01	5:30
180	213	SPERTINI ISABELLA	F	SF40	4	STAR RUN	ITA	1:56:38	1:56:31	+45:58	5:32
181	37	ERCOLI DANILO	M	SM45	22	ATL. ARCISATE	ITA	1:57:01	1:56:55	+46:21	5:34
182	81	RAMUNDO GIUSEPPE	M	SM55	12	CARDATLETICA	ITA	1:57:15	1:57:08	+46:35	5:34
183	48	ASSUNTO STEFANIA	F	SF45	6	ATL. GAVIRATE	ITA	1:57:50	1:57:47	+47:10	5:36

# Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
184	137	ZANETTI ALESSANDRO	M			RUN CARD	ITA	1:57:50	1:57:47	+47:10	5:36
185	168	PARISI ALBERTO	M			RUN CARD	ITA	1:58:16	1:58:04	+47:37	5:37
186	177	CONTINI DANIELE	M			RUN CARD	ITA	1:58:23	1:58:19	+47:44	5:38
187	176	DE ROCCHI STEFANIA	F			RUN CARD	ITA	1:58:24	1:58:20	+47:44	5:38
188	107	ADAMO PASQUALE	M	SM65	4	G.S. MARATONETI CASSANO	ITA	1:58:25	1:58:22	+47:45	5:38
189	11	CASTELLI GABRIELE	M	SM45	23	5 CASCINE CISLAGO	ITA	1:58:41	1:58:36	+48:01	5:38
190	200	SUCCA ANTONELLO	M	SM40	20	RUNNERS VALBOSSA-AZZATE	ITA	1:58:45	1:58:41	+48:05	5:39
191	209	CARLESSO LUCIO	M	SM55	13	SETTE LAGHI RUNNERS	ITA	1:58:46	1:58:32	+48:06	5:38
192	146	TALAMONA STEFANO	M			RUN CARD	ITA	1:59:12	1:58:58	+48:32	5:39
193	210	FERRARE DOMENICO	M	SM65	5	SETTE LAGHI RUNNERS	ITA	1:59:13	1:59:07	+48:34	5:40
194	96	LEPORE ALESSIO	M	SM40	21	G.A.M. WHIRLPOOL	ITA	1:59:14	1:59:00	+48:34	5:39
195	16	BIGNOLI FLAVIO	M			A.S.D. PODISMO AVIS NOVARA	ITA	1:59:14	1:59:02	+48:35	5:40
196	180	VAGO PIETRO GIOVANNI	M			RUN CARD	ITA	2:00:37	2:00:30	+49:57	5:44
197	59	NOVO SANDRA	F	SF60	1	ATL. SAN MARCO U.S. ACLI	ITA	2:01:45	2:01:35	+51:05	5:47
198	215	LANTIERI ENRICO	M	SM50	22	TEAM MARATHON S.S.D.	ITA	2:03:41	2:03:31	+53:01	5:52
199	157	MALVESTIO ALESSIO	M			RUN CARD	ITA	2:04:19	2:04:08	+53:39	5:54
200	41	RUSCONI MARIO LUIGI	M	SM60	6	ATL. ARCISATE	ITA	2:04:21	2:04:14	+53:41	5:54
201	144	VENTURA TERESA	F			RUN CARD	ITA	2:05:04	2:04:59	+54:24	5:57
202	175	MADDALENA EMILIO	M			RUN CARD	ITA	2:05:19	2:05:13	+54:39	5:57
203	219	GALLI EZIO	M	SM50	23	TEAM OTC SSD ARL	ITA	2:06:44	2:06:35	+56:05	6:01
204	183	SAVINO RAFFAELE	M	SM60	7	RUNNER VARESE	ITA	2:07:01	2:06:54	+56:22	6:02
205	232	AVOLIO ANNA MICHELINA	F	SF50	6	ATL. ARCISATE	ITA	2:07:08	2:07:03	+56:28	6:02
206	38	ROSSI ANDREA	M	SM50	24	ATL. ARCISATE	ITA	2:07:09	2:07:02	+56:29	6:02
207	22	MASTELLI BARBARA	F	SF45	7	AMATORI ATL. CASORATE S.	ITA	2:07:49	2:07:39	+57:09	6:04
208	39	BROTTO GRAZIA	F	SF55	1	ATL. ARCISATE	ITA	2:08:05	2:08:00	+57:26	6:05
209	186	CARELLA FABIO	M	SM55	14	RUNNER VARESE	ITA	2:08:21	2:08:04	+57:42	6:05
210	140	BARBI MONICA	F			RUN CARD	ITA	2:09:23	2:09:13	+58:43	6:09
211	244	GALLIANO DANIELE ALBERTO	M			RUNCARD	ITA	2:09:26	2:09:14	+58:47	6:09
212	169	ARDEMAGNI FRANCESCA	F			RUN CARD	ITA	2:10:42	2:10:29	+1:00:03	6:12
213	50	CLERICI ROBERTO	M	SM55	15	ATL. GAVIRATE	ITA	2:11:03	2:10:52	+1:00:24	6:13
214	117	BALZARINI ANDREA	M	SM70 OLT	4	PODISTICA ARONA	ITA	2:13:05	2:12:56	+1:02:25	6:19
215	250	STEFANATI ALESSIO PIETRO	M	SM40	22	100 % ANIMA TRAIL ASD	ITA	2:13:37	2:13:30	+1:02:58	6:21
216	109	PETTINATO ROBERTO	M	SM40	23	G.S. MARATONETI CASSANO	ITA	2:15:31	2:15:15	+1:04:51	6:26
217	42	CITRINITI ENRICO	M	SM70 OLT	5	ATL. ARCISATE	ITA	2:15:34	2:15:28	+1:04:54	6:27
218	43	CASTAGNA SERGIO	M	SM60	8	ATL. ARCISATE	ITA	2:15:34	2:15:29	+1:04:54	6:27
219	124	LEGATI PAOLA	F			RUN CARD	ITA	2:17:02	2:16:49	+1:06:22	6:30
220	123	RENAIOLI MICHELA	F			RUN CARD	ITA	2:23:01	2:22:49	+1:12:22	6:48
221	110	MANARA ELENA	F	SF35	1	G.S. MONTESTELLA	ITA	2:24:06	2:23:53	+1:13:27	6:51
222	40	BROGGI FRANCESCA	F	SF60	2	ATL. ARCISATE	ITA	2:24:14	2:24:09	+1:13:35	6:51
223	133	ELLI MARCO	M			RUN CARD	ITA	2:24:48	2:24:40	+1:14:09	6:53
224	89	ZAFFARONI GIOVANNI	M	SM50	25	FRIESIAN TEAM	ITA	2:26:02	2:25:53	+1:15:23	6:56
225	47	ZANARDI MARIA	F	SF50	7	ATL. GAVIRATE	ITA	2:29:29	2:29:21	+1:18:50	7:06

# 21 Km del Lago di Varese

Data  
Gara

29/09/2019  
21 Km Staffette

## Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	1006	PERNICIARO GIUSEPPE \ SOCCINI EMANUELE	M	M	1		ITA	1:32:34	1:32:31		4:23
2	1018	PEDRONI CLAUDIO \ ANDRIOLO TIZIANO	M	M	2	Golden Feet	ITA	1:33:26	1:33:24	+53	4:25
3	1024	CERCHIARO CRISTIAN/ PIRAS MASSIMO	M	M	3		ITA	1:33:53	1:33:51	+1:19	4:26
4	1016	BRACCO ELIANA \ BOSETTI FABIO	M	MX	1		ITA	1:34:53	1:34:45	+2:19	4:29
5	1021	DOUGLAS KIPSEREM \ COLOMBO NATALIA	M	MX	2	KUMI NA MOJA	ITA	1:38:58	1:38:47	+6:24	4:40
6	1015	GRISOTTO RITA \ COLOMBO FRANCESCA	M	F	1		ITA	1:39:07	1:39:04	+6:33	4:41
7	1023	MOMBELLI FLAVIO/ PARNISARI MATTEO	M	M	4	GLI EROI	ITA	1:39:53	1:39:45	+7:19	4:43
8	1010	BRUSAMOLIN CHIARA \ PORRINI STEFANIA	M	F	2	BRUSAMOLIN PORRINI	ITA	1:43:21	1:43:12	+10:48	4:53
9	1007	BARTOLOMEI CRISTINA \ SCIALPI ELENA	M	F	3		ITA	1:43:42	1:43:38	+11:08	4:54
10	1008	TORELLI GIORGIA \ TORELLI GIANLUCA	M	MX	3		ITA	1:46:51	1:46:44	+14:18	5:03
11	1013	TENAGLIA LAURA \ MANINI CARMELA	M	F	4	Lesprintz	ITA	1:49:02	1:48:55	+16:29	5:09
12	1004	MANZONI GIANLUCA \ PERRINO MADDALENA	M	MX	4	MaddaLuca	ITA	1:50:26	1:50:13	+17:53	5:13
13	1005	GALATI ROBERTO \ ROGNONI ALESSIO	M	M	5	I MOSCHETTIERI	ITA	1:50:50	1:50:41	+18:16	5:14
14	1014	SPERA SANDRA \ NANNI LEANDRO	M	MX	5		ITA	1:51:15	1:51:08	+18:41	5:16
15	1019	PASTORI LUISA \ CERIANI FABIO	M	MX	6		ITA	1:54:03	1:53:52	+21:30	5:23
16	1001	ORLANDI ROBERTO \ ZONCA VALENTINA	M	MX	7	Cip&Ciop	ITA	1:59:00	1:58:56	+26:26	5:38
17	1009	FANTONI UGO \ BERALDO GIUSEPPE	M	M	6	FANTONI BERALDO	ITA	2:00:21	2:00:11	+27:47	5:41
18	1002	COLOMBO NICOLE \ COLOMBO ALBERTO	M	MX	8	Alby&Niky	ITA	2:04:34	2:04:26	+32:01	5:53
19	1003	TIZIANI FRANCESCA \ GENTILINI LUCA	M	MX	9	Lagovarese	ITA	2:04:57	2:04:44	+32:23	5:54
20	1012	CASA FABIO \ FRANCESCA RINALDO	M	M	7	FARINO	ITA	2:07:44	2:07:36	+35:10	6:02
21	1022	SANTA PAOLA \ BOSSI ROBERTO	M	MX	10	BOSSI	ITA	2:11:45	2:11:33	+39:11	6:14
22	1011	CASA ARIANNA \ VENTURINI PAOLA	M	F	5	LE SILURE	ITA	2:30:10	2:30:03	+57:37	7:06